

Mary Elizabeth Van Pelt
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Curriculum Vitae

written and spoken word artist

Books

In Silence I Speak: My Journey Through Madness. Albuquerque, NM, Mercury HeartLink, 2010
After the Murder: My Affair with a Felon. Albuquerque, NM, Mercury HeartLink, 2011
See my author page, Mary Elizabeth Van Pelt, at amazon.com

Publications

Messages from the Hidden Lake, Vol. VIII, Honorable Mention, *Madness Inside Silence*, 2016
The Voice of La Puente, A Prayer for Juan Carlos, Spring 2016
Messages from the Hidden Lake, Vol. VII, First Place Adult Non Fiction, *Ray of Light*, 2015
Open Minds Quarterly, Featured Author, online interview, October 5, 2015
<http://www.openmindsquarterly.com/portfolio/mary-van-pelt/>
Open Minds Quarterly, A Prayer for Juan Carlos, Summer 2015
The Circle Book 2015, Remembering Kenny
The Circle Book 2014, Wild Horses
Messages from the Hidden Lake, Vol. VI, Frances Mae Archer, 2014
The Circle Book 2013, Spirit Led and Lithium Fix
Messages from the Hidden Lake, Vol. III, Golf Balls from Heaven, 2011
Mental Health Stories, From Anorexia to Obesity: Finding Balance, (essay winner) The Colorado Psychiatric Society and CHARG Resource Center, 2013
Open Minds Quarterly, Travelling Beyond the Stars, Summer 2008
Pilgrimage, Ray of Light, Spring 2008
Open Minds Quarterly, Exposing my Breasts, Spring 2006
A Walk Along the River, The Unofficial Dump, 2006
Social Work in Rural Communities, The Challenges of Dual Relationships and the Continuum of Care in Rural Mental Health, co-authored with Susan Manning, Ph.D, 2005
Washington Academy of Sciences, Problems Faced by Consumers of Mental Health Services out in a Frontier Community, co-authored with Courtenay M. Harding, Ph.D, 2000
San Luis Valley Support Group, a collection of articles, published with support from Colorado Division of Mental Health, September 1993

Public Speaking

Our Stories Have Wings, Nielsen Library, Adams State University, Holiday Book Sale, December 2, 2016

Mental Wellness and Unseen Madness, UU Fellowship in Alamosa, September 11, 2016

Letting Go and Moving Forward, UU Fellowship in Alamosa, January 24, 2016

Be the Hands, The San Juan Community, Alamosa, CO, November 15, 2015

Great Stories Begin Here, Alumni Literature Night, Nielsen Library, Adams State University, April 17, 2015

Song for Stewart, HeartLink Celebration at The Source, Albuquerque, NM, October 23, 2013

Making the Leap to Publication, Conejos Writers Circle, August 1, 2012

Silent Struggle, presentation and book signing, Blount County Public Library, Maryville, TN July 5, 2011

Ethics Symposium, Fort Logan, Denver, *Consumer Growth Challenges Traditional Boundaries*, with Susan Manning, Ph.D, September 21, 2007

La Puente (homeless shelter) retreat, *Exploring the Story: Mental Illness, Addiction, and the Cycle of Poverty*, June 9, 2007

Innovations 2006, CHARG Resource Center, Denver, *Consumer Growth Challenges Traditional Boundaries* with Susan Manning, Ph.D, November 10, 2006

Alternatives 2004, National Conference, Denver City Marriott, *Consumer Growth Challenges Traditional Boundaries*, with Susan Manning, Ph.D. October 16, 2004

Evaluating Mental Health Performance, *One Box Doesn't Fit All*, Centennial, CO, April 11, 2002

Readings

December 9, 2016 [Messages from the Hidden Lake](#), book release, Alamosa, CO

October 8, 2016 local authors reading in memory of Phil Ray Jack at Milagros Coffeehouse

March 27, 2014 Cozy Café, Alamosa

March 5, 2014 [The Circle Book](#), book release, La Jara, CO

September 15, 2013 Local Author Event at Alamosa Public Library

August 31, 2013 Friends of the Library at Spines, book signing, Alamosa, CO

April 14, 2013 Capitol Heights Presbyterian, Denver, CO, with Freddie Bosco

March 6, 2013 [The Circle Book](#), book release, La Jara, CO

September 26, 2012 Talking Gourd Circle, Norwood, CO
September 22, 2012 book signing, La Jara Public Library
September 15, 2012 book signing, Antonito Public Library
December 2, 2011 Messages from the Hidden Lake, book release, Alamosa, CO
March 28, 2009 Art Walk, Alamosa, CO, including guest poet Stewart S. Warren
April 28, 2006 Voices in Recovery, First Avenue Presbyterian, Denver
March 11, 2005 Voices in Recovery, Fort Logan Mental Health Institute

Videos

YouTube channel: maryvanpelt2

A series of 13 videos on mental health recovery topics produced by MidiAge Productions

Videos include:

A Psychiatric Survivor Speaks, selected for the Alamosa Film Festival, July 26, 2008

Disclosure of a Psychiatric Disability

Job Discrimination Based on a Psychiatric Disability

Psychiatric Survivors: Our History Matters

Radio Productions (a sampling)

Aired on KRZA 88.7 FM Alamosa-Taos

The Risks and Rewards of Writing Memoir

Behind the Mask, art show interview at Milagros Coffeehouse

Recovery, Choices and Self-Disclosure in the Workplace

Another Rung, Continuum of Care in Rural Mental Health

No More Job Interviews! Self-Employment Strategies for People with Disabilities

Bipolar Disorder: Insights for Recovery

Writers Groups and other Affiliations

Sophia Writers Circle (founding member, 2005)

Conejos Writers Circle

Lighthouse Writers Workshop

Peer Organizer with S.C.C.O.R.E, first statewide consumer organization in Colorado, 1988-1994

Board Member A.D.R.C, Aging and Disability Resources for Colorado, 2012 to present

Twenty-two Sundays as facilitator for the UU Fellowship in Alamosa, Nov 2015-April 2016

More than twenty years of experience working in human services in rural southern Colorado

Adams State College, BA in Spanish, 1981